



Janet Simpson

Speaker Packet



Combining the curiosity of an investigative journalist with the heart of a teacher, Janet Simpson, RDA is an enthusiastic speaker and consultant specializing in dental radiography.

Janet enjoys using her clinical and teaching experience to build others up. Helping auxiliaries gain access to education and experience higher job satisfaction is one of her highest objectives.

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JANET SIMPSON, RDA

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PRESENTATIONS:

Next Level Radiography: Improve the Diagnostic Quality of Your Radiographs



High-quality dental x-rays play a crucial role in making informed diagnoses and treatment plans. In this course, we focus on developing the knowledge and skills to excel in capturing quality dental X-rays while improving patient comfort and care.

Infection Control for Dental Professionals



In this interactive course designed for the clinical dental team, participants will evaluate and harness the power of habit to make practical and lasting improvements to disinfection and sterilization routines.

California Dental Practice Act



This course will provide an overview of the laws and regulations that govern the practice of dentistry in California, discuss the agencies that implement the regulations, and focus on the scope of duties for dental auxiliaries.

“Mrs. Simpson is the most encouraging, friendly, and motivating teacher I’ve ever had. She truly does everything in her power to help students. I feel motivated to do my best. She makes the class interesting and informative. It helped me tremendously.” **M. Montes**

Next Level Radiography:

Improve the Diagnostic Quality of Your Radiographs



Diagnostic quality x-rays are essential. Yet many dental professionals have grown accustomed to accepting poor diagnostic quality images. To top it off, our patients often dread having x-rays taken.

The ability to capture high-quality X-rays and accurately interpret them is crucial for making informed diagnoses and treatment plans. By mastering these skills, you will enhance your proficiency ensuring optimal patient comfort and care. In this highly applicable course designed for the full team, we explore key factors that make obtaining x-rays with the sensor more difficult than traditional film, and learn to overcome them.

Discover how images are projected onto the sensor through a demonstration of shadow casting. Evaluate the fundamentals of sensor placement and PID angulation. Learn the principles of the bisecting technique and determine which situations call for paralleling vs. bisecting. Consider the factors that contribute to overlapping on bitewings and identify solutions through analysis of clinical video examples. Review the guidelines which protect your team from the ill effects of radiation exposure and control the spread of infection in your dental practice.



LEARNING OBJECTIVES:

- Contrast the main differences between wired sensors and traditional film which affect diagnostic image quality
- Grasp the theoretical and clinical principles of the bisecting technique •
- Utilize the principles of shadow casting to capture apices, open contacts, and acquire difficult images
- Identify facial anatomic landmarks that aid in obtaining accurate images
- Analyze video showing the techniques and results of multiple operators taking bitewing xrays
- Discuss the benefits and challenges of using a handheld x-ray unit
- Review devices and techniques which enhance comfort for patients of all ages

Suggested Format: Partial Day; Lecture, Workshop

Suggested Audience: Dental Auxiliary Clinical Team

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Infection Control for Dental Professionals



Rules, regulations and requirements galore! Regulatory agency guidelines both overlap and overwhelm. *How can you be sure your dental practice is not only compliant but also effective in stopping the spread of disease?*

Never before has the threat of disease transmission been more apparent than during the COVID-19 pandemic. When confronted with pathogens such as Covid-19, Hepatitis B, HIV (and more), it is an opportunity to evaluate and improve our infection prevention practices. Many dental professionals find it challenging to cut through the mounds of regulations to clearly understand the Minimum Standards for Infection Control.



In this interactive course designed for the clinical dental team, participants will evaluate and harness the power of habit to make practical and lasting improvements to disinfection and sterilization routines. Develop your compliance checklist, explore an agenda for your team safety meetings, and discover resources for infection control products.

Gain the practical skills and understanding to exceed patient expectations and ensure their safe visit to the dental office.

LEARNING OBJECTIVES:

- Review the 24 minimum standards for infection control and recognize how they protect both patients and team
- Evaluate and update your infection prevention protocol through a current, comprehensive understanding of the law
- Assess your habits, identify deficiencies, and gain strategies to elevate your efficacy
- Enhance and support the role of the infection control coordinator in your practice

Suggested Format: 2 Hours

Suggested Audience: Dental Clinical Team

These courses are approved by the Dental Board of California and meet the mandatory license renewal requirement. Provider number RP5496

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California Dental Practice Act



Why do we have laws such as the California Dental Practice Act? What's the point?

The California Dental Practice Act (CDPA) exists to protect the health and safety of patients by ensuring that dental professionals are educated, demonstrate competency, and maintain the appropriate standard of care. This course will provide an overview of the laws and regulations that govern the practice of dentistry in California, discuss the agencies that implement the regulations, and focus on the scope of duties for dental auxiliaries.

The participant will learn the latest in new regulations and enhance their understanding of access to care in California and how that affects the ever-evolving Dental Practice Act.



LEARNING OBJECTIVES:

- Review the laws and regulations that govern dentistry and evaluate your practice's compliance
- Understand the law and ethics, licensing requirements, scope of permitted duties, enforcement, and regulations
- Evaluate the impact the access to care crisis is having on the laws which govern the dental profession
- Envision the potential and acknowledge the limitations to the scope of practice with dental auxiliaries

Suggested Format: 2 Hours

Suggested Audience: Dental Professionals

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She enjoys using her clinical and teaching experience to build others up. Helping auxiliaries gain access to education and experience higher job satisfaction is one of her highest objectives.

Janet's vision for her training company, Dental Fundamentals C.E., is to stay abreast of changes, study challenges, uncover solutions, and connect the learner to increased knowledge and skill. Janet has been recognized as an exemplary online instructor by San Diego Mesa College where she worked as an adjunct instructor for 5 years.

With experience in both general and pediatric dentistry, Janet has enjoyed her roles as dental assistant, clinic coordinator, and team trainer. She is also an experienced trainer in regulatory compliance and infection control requirements.

Janet is passionate about supporting the underserved. She enjoys her work as Clinic Coordinator of Cura Smiles, providing pro bono oral healthcare to those in need in the heart of San Diego.

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MEMBERSHIPS

- American Dental Assistant's Association
- California Dental Assistant's Association
- Organization for Safety Asepsis and Prevention
- San Diego County Dental Assistant's Association
- Dental Speaker Institute
- Dental Speakers Bureau

PRESENTATIONS (Partial Listing)

- CDA Presents Anaheim (*multiple*)
- CDA San Francisco 2021
- Fiesta new Mexico 2022
- Star of the North 2023
- PNDC Seattle 2023
- CEA Dental Convention (*multiple*)
- San Diego Dental Assistant's Society (*multiple*)



Testimonials

“After taking this course I stopped accepting the excuse that the images I had to diagnose from were the best quality I could obtain. I was able to suggest specific changes to open contacts, reduce distortion, and capture all of the anatomy I need to see. My team is producing better images, and I am no longer accepting compromised images. As a practitioner we have a lot of aspects of clinical treatment beyond our control, but the quality of your images doesn’t have to be one of them. I am happy to say my diagnostic abilities have improved after this course.”

– L. Rucks, DDS

“If you want a speaker that makes your people feel good after the speech, there are hundreds of good speakers out there to choose from; go get one. But if you want your people to be feeling good and making positive changes for weeks and months and years after, then Janet Simpson is your simple choice. She truly is someone who motivates your people to stop, think, analyze and change. She leaves an incredibly uplifting impact on her audiences. Your people will truly thank you for bringing Janet into their lives and delivering such needed information. If you want a real catalyst for lasting, positive change, Janet Simpson is your clear choice!”

– Chris Ippolito, San Diego Dental Convention, Owner



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RAVE REVIEWS:

“Fantastic Speaker! Janet is the best speaker on infection control I've heard in 20+ years! She was super easy to listen to and had great slides too.” **D. Rejab**

“Helped my staff. Best Radiology class! Good job Janet!” **Dr. T. Le DDS**

“The best ever!” **R. Muegge**

“Instructor was exceptionally knowledgeable and engaging. She answered questions with patience and professionalism.” **R. Escalante**

“I really enjoyed her creativity. I understood a major concept (bisecting) for the first time. Very informative. I’m looking forward to her future classes.” **S. Freeman**

“Just what I needed to improve. She was wonderful! She had useful worksheets, clean sense of humor, hands on activities and new ways to improve my x-rays.” **M. Flores**

“It was unique as it focused on 2D & 3D aspects of taking x-rays. I think that it was phenomenal to use a hands-on workshop to teach the bisecting technique. It was very useful.” **S. Eugene**

I loved this class! I feel like I learned so much more about radiation safety.” **J. Arnold**

“Best course I’ve ever taken! No yawning. No checking the time. Literally the best class I’ve ever taken” **J. Torres**

“Janet is very clear in explaining this topic. Great videos and illustrations to help us understand. I really enjoyed her seminar.” **N. Jones**

“Excellent! The speaker was great! Very informative- not boring. I felt updated on the law.” **B. Lansing**

“The speaker was awesome with her flashlight and marshmallow like teeth! The visualization was helpful!! Very interesting material. Janet is a radiography badass! Love her Ninja moves!” **K. Coulson**

“Great interactive activities. Her clear exercises were very useful.” **L. Santo Domingo**